

# BodiTrak

## Pressure Mapping Systems



Case Study



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# Enhancing Your Service with the BodiTrak Lite Pressure Mapping System

## A success story from private mobility specialist Wheelfreedom

BES Healthcare sat down with Jordan Davies from Wheelfreedom to discuss the private mobility specialist's recent success with the BodiTrak Lite Pressure Mapping System.

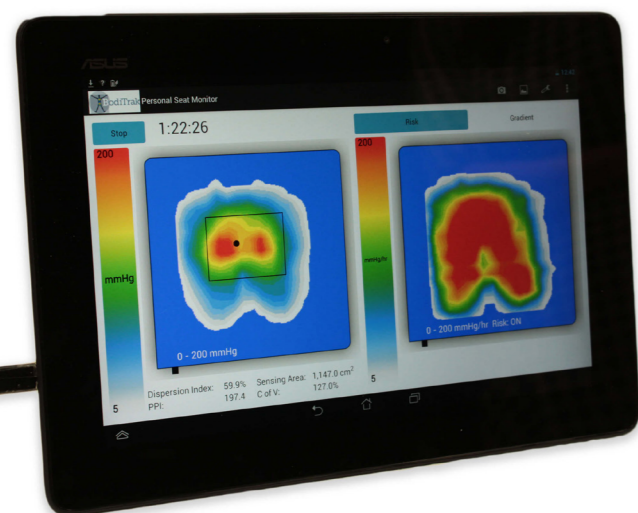
Wheelfreedom are one of the UK's leading mobility specialists, based in Chessington, and has provided exceptional service for over 16 years, supplying wheelchairs, mobility scooters, rollators, beds, rise and recline chairs, stairlifts and more across London, Surrey and the South East of England.

In the last couple of years, Wheelfreedom has been involved with more case management companies and private OTs, and correspondingly their respective client base has presented with more complex challenges including concerns over pressure area care. In order to assess and provide appropriately for clients with skin integrity issues, it is highly advantageous to have access to an interface pressure mapping system. The purchase of a BodiTrak Lite has been a great investment to provide this additional level of clinical information and insight as their client base has expanded.

## Providing the right equipment

Pressure mapping gives the Wheelfreedom team the ability to assess, with confidence, clients with complex needs and provide them with the right equipment. Pressure mapping not only provides a wealth of data to back up clinical reasoning and experience, but also gives a more dynamic real-time analysis of the patient's postural needs and allows different interventions to be assessed as appropriate. In addition, it gives the team and clients reassurance and supports their decision-making process.

The BodiTrak Lite system can also be used to deliver live feedback while assessing for different levels of equipment, for example, cushions. For users with complex needs, pressure mapping has been an excellent tool when assessing a variety of different postural interventions and can save time in providing the best solution.

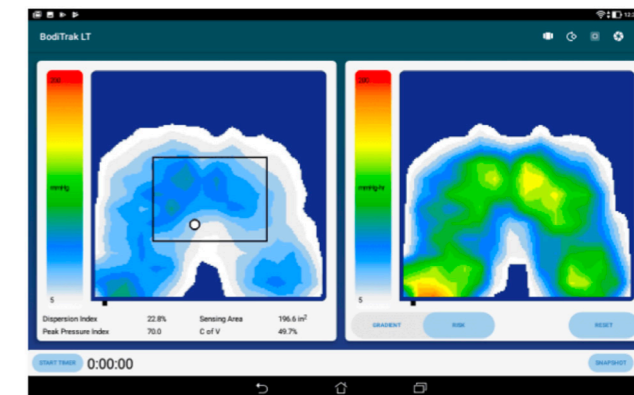


“It’s just a very nice interactive tool. And I think we are as a whole moving to a more data driven style of prescription. It very much fits with that.”

## Educating staff

The Wheelchair and Special Seating team use pressure mapping to train new and inexperienced clinicians across a variety of different interventions. The system is easy to use, which gives them the confidence to prescribe the most appropriate equipment whilst supplementing the learning process. The BodiTrak Pressure mapping system supports the team's clinical judgement and provides valuable and recordable feedback while trialling different products.

The live data display also gives the clinicians clear visual feedback which makes all aspects of posture and pressure area care training more memorable.



“As a teaching tool internally, it’s been brilliant, as it gives the team that visual aid and makes things a lot more memorable.”

## Engaging and motivating clients

From the Wheelfreedom team's point of view, the biggest benefit has been user engagement. The systems helps to show end users the benefits of pressure area care products clearly, and how simple actions such as leaning forwards for a few minutes or moving into certain positions can be beneficial to relieve high pressures when seated – especially for clients who may have previously not been able to understand the benefits. When the team at Wheelfreedom takes the client through the display options, move to after client, and look at the visual representations on screen, it shows the whole picture and helps motivate them into maintaining the most appropriate posture and carrying out any useful exercises.

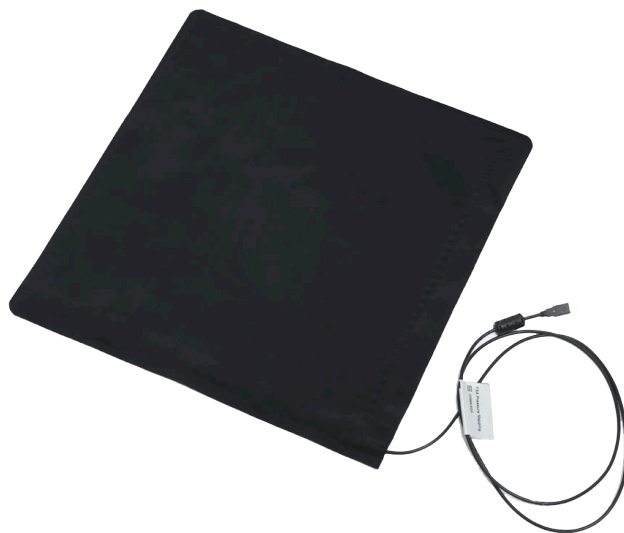
Clients have been known to be a lot more aware following pressure mapping sessions, and have come back 6-12 months down the line asking if they can have a review of their pressure, which they would never have done before.



# Becoming a Training Centre

Wheelfreedom became accredited as a training centre around two years ago, providing CPD courses for healthcare professionals.

The range of healthcare professionals varies in clinical experience and access to different budget levels. Some are only able to access a limited budget and wouldn't normally have equipment like the BodiTrak at hand, so teaching them how to use a mat is beneficial. Interestingly, the team also had a great response to pressure mapping in Dubai as well, because it's not something they're using yet.



## Other beneficial features

For a busy professional team there are a number of other benefits of BodiTrak Lite which makes the system such a useful tool:

- Wireless option enables rapid, hassle-free set-up.
- Stretch fabric which is easy to clean and conforms well, even on uneven surfaces to give the most accurate picture possible.
- Wide range of data collection options and reports available, giving clear information which can be easily recorded and shared as required.
- Good battery life – no need to worry about running out of battery, even on a busy clinic day or when out on the road.

When asked if she would recommend the BodiTrak Lite system, Jordan replied:

“Yes, I absolutely would. It gives a different dimension to the assessment. We've had great success and are looking to move to the BodiTrak Pro.”